



# SETTLE AREA SWIMMING POOL Members' Newsletter

A charity run pool for the community

## The Trustees

You may well know our Trustees.

Pat Taylor - Chair  
Colin Coleman - Vice Chair  
Rosie Sanderson - Secretary  
Helen Firth - Treasurer

Bryan Atkinson, Iain Crossley, Anne Galloway, Trevor Graveson, Richard Handford, Ian Orton

If you'd like to contact the Trustees, leave a message at the Pool or contact our Secretary [rosiesanderson19@gmail.com](mailto:rosiesanderson19@gmail.com)

The first Members' Meeting is on July 12th, 7pm in the Folly Coffee House. We'd like to invite you to join us for light refreshments, and to meet other Members and Trustees of the Pool. There will be updates from the Pool and we'd like to ask you what you like about the Pool and what we can do to make it even better.

Could you be a Trustee?

At the end of the meeting, there will be our short formal AGM and election of Trustees for the year ahead. The Trustees are elected for a period of 3 years, with a maximum of 6 years. The Trustees oversee the running of the Pool, including planning for the future, fundraising and spending, coordinating building work, voluntary work and publicity. There are currently 2 vacancies for Trustees, and a further 3 have reached the end of their first term and can be re-elected. If you would be interested in being a Trustee you can discuss the role on the evening, or contact our Secretary at [rosiesanderson19@gmail.com](mailto:rosiesanderson19@gmail.com) before the meeting. To apply, submit a nomination form (below) signed by 2 other Members, and describe briefly why you'd like to be a Trustee. We look forward to seeing you at 7pm on July 12th at the Folly Coffee House.

## Contacts:

Charity number: 1171790

The Settle Area Swimming Pool is committed to providing an environment in which all children and young people participating in its activities have a safe and positive experience.



Website [www.settleswimmingpool.co.uk](http://www.settleswimmingpool.co.uk) has all the up to date information including timetables, special classes, prices

Phone: 01729 823626. Email: [info@settleswimmingpool.co.uk](mailto:info@settleswimmingpool.co.uk)

Facebook: [facebook.com/SettlePool](https://www.facebook.com/SettlePool) Twitter: [twitter.com/SettlePool](https://twitter.com/SettlePool)

Friends of Settle Swimming Pool: Paper Recycling and 200 Club: Alan Smith 07891 367226

Settle Swimming Pool Charity Shop: Duke Street: Rosie Sanderson 01729 825944

Address: Kendal Road, Giggleswick, BD24 0BU

## Did you know?

The Community shop raised an incredible £30,229.43 in its first year of operation. The Paper and Card Recycling raised £14,000 in 2017 and the 200 club a further £2000. It's raised at least £5000 January to April this year despite the Beast from the East!

Thank you all for your support.

## You said . . So we . . .

You said you'd like to know more about all the different groups that use and support the Pool, so this extended newsletter has much more about them. Enjoy!

## Did you see . . ?

Pool Staff, Trustees and volunteers were helping with the running of the Rotary Club "Settle Saunter" on 10th June, in lovely weather! Many thanks to the Rotary Club for their support over the years.

## Love the inflatables?!



The 15 metre obstacle course is open every 1st and 3rd Saturday of each term time month, with extras in school holidays - see the website for details

## Want to help? Yes please!

The Community Shop on Duke Street would like to thank all its donors, volunteers and shoppers for their support raising an incredible £30,000 in its first year. On the back of this success, the shop is now open 10 - 4, Tuesday to Saturday and is planning to open on Sundays and bank holidays during the summer. To do this we need more volunteers - could you possibly help with a morning or afternoon each week? Please contact Rosie on 01729 825944 or [rosiesanderson19@gmail.com](mailto:rosiesanderson19@gmail.com).

Thank you!



The Friends of Settle Pool run the paper and card recycling skip which is open every Monday to Friday 9 - 12, and 2 - 5, and Saturdays 9 - 12. It is entirely dependent on local residents and businesses to bring their paper, but we always need more volunteers to pack the containers. To support this excellent work please contact volunteer co-ordinators Ian and Margaret Gray, Settle 822465

## Anything niggling . . .

Is there anything about the pool which is niggling you? Why not do something about it? The suggestion box is in the foyer - why not tell us?? We may be able to help.

Thank you.

## News from the Poolside

You can never start to swim too early! Parents know it's important to be able to swim, and swim safely whilst having fun.

Baby and toddler sessions are great fun, but also are so good for both you and baby. For example, they build trust and confidence between parents and baby, develop movement control, agility and balance, strengthen baby's muscles (including heart and lungs), and stimulate senses and the immune system.



Baby sessions, right from newborn, are designed to instil a love of water for the whole of your child's life. These guided sessions are packed with activities, songs and rhymes providing a FUN learning environment for you and your baby (as well as some much needed social time with other mums, dads, grandparents etc).

Toddlers (18 months to 4 years) are just

budding swimmers, so we encourage and train them to splash, kick jump in and interact with other children through fun games and activities. They enjoy the water to prepare them for formal swimming lessons. Of course, all children are rewarded during their aquatic journey with badges and certificates.



These popular sessions Baby and Toddler sessions run on Tuesday morning and on Thursday afternoons. Come on mums and dads and grandmas and dads! It's good for you too.

From 4 years up, children can continue to develop their enjoyment, confidence and skills in the water through our Swim England Learn to Swim programme which is the recognised national swimming syllabus. It's much more than doggy paddle! The more lessons your child has, the safer they will become in water. The 7 stages will ensure children are safe, know what to do in emergencies, and can enjoy swimming with good technique (with certificates and badges of course).

Already an adult? No problem! Check out our Adult Beginner and Improver sessions and take the plunge!!

## A charity run Pool for the Community?? - these are some of the groups in our Pool Community

Settle Area Disabled Swimmers, Saturdays 9.15 - 10.15

Our volunteers provide extra help for adults and children to have fun and enjoy swimming as a lifelong exercise. We cater for any adult or child who cannot cope with public swimming sessions by reason of disability, either mental out physical, long term or short term. Don't feel you have to fit the description "disabled" - if you are recovering from a skiing accident or a knee replacement, this is for you. Contd. .

## Friends of Settle Swimming Pool

The Friends of the Settle Swimming Pool have committed to providing a substantial proportion of funds needed for the ambitious development plans now under consideration by the Pool Trustees. This will use the majority of the funding built up by the Friends over many years, but as the Friends chairman Alan Smith said: "Our purpose is to help the pool. We are happy to do this. But we need to be aware the money can only be spent once."

Treasurer Derek O'Flaherty has also issued a warning over the future prospects. He pointed to the fragile state of the waste paper industry, on which much of our income depends and the loss of credit from North Yorkshire County Council, who for many years provided financial support for the Friends. All this means that we can expect a substantial fall in our income this year, probably halving the £41,000 we raised in 2017, so support from our community is more important than ever.

### FRIENDS MEMBERSHIP SCHEME

The Friends of Settle Swimming Pool is a membership organisation. As with the Pool itself, in order to fulfil our constitution and meet the new requirements on data protection we are setting up a new list of members. *This is not the same as the pool membership, to which everyone who receives this newsletter will have signed up.* Membership gives you the right to vote at our Friends annual meeting; to stand to be a trustee; and, most important, is a recognition that you are indeed a Friend of the Pool. To join the members of the Friends all you need to do is email the Friends Secretary - [mike.smith452@btinternet.com](mailto:mike.smith452@btinternet.com)  
*Mike Smith*

June 2018

Can't get into the Pool? Don't worry. To access the pool we have a special set of steps with railings, and a hoist chair. We also have two wheelchairs for transportation from the changing rooms to the pool.



Anyone who might be interested in coming along can pop down on a Saturday morning to meet group members and find out a bit more about what help we can offer. *Meriel Spooner*

### Settle Stingrays Swimming Club, Thursday evenings

Settle Stingrays is a swimming club for those that want to race and compete, aged 7 - 17.

It's been a really successful season for the Club. Over Easter, the Stingrays came 3rd out of 35 clubs in a 2 day competition in Darwen winning 14 medals. Travis Taylor qualified to compete at the North East Regional Championships in May - a huge achievement, and 4 swimmers will compete at the Winter Yorkshire Competition.

12 Stingrays competed at Viking Sprints at the John Charles Centre in Sheffield in June.

9 achieved Yorkshire Qualifying times, won many medals and 3 trophies; best 15 yrs girl, best 14 yrs girl and best 9 yrs girl. Huge congratulations! On Friday 29th June, Fred Furniss; the current National Talent Officer for Performance Swimming (former GB and England Team Coach) is coming to Settle to deliver two talks to swimmers, coaches and parents about nutrition, training and the Swimmer's Journey. We're very excited about that. *Debbie Mahoney*



### Gentle Exercise Group, Mondays 11.15 - 12.30

This friendly session is for anyone who is keen to exercise and take responsibility for their own fitness, but may need a little help to overcome initial fear or reservation about getting in a pool and exercising! We put in a set of steps with gentle gradient and hand rails both sides to aid accessing the pool. Each session will include some stretching, balance and coordination, as well as general mobility and fitness.

Smiling is compulsory so folk must come prepared and bring a sense of humour, plus a spare, should the first one get wet.

We hope that all ages and abilities can be catered for in the session, but if anyone is unsure, why not call in on a Monday to watch the session from the foyer and have a chat with me and the folk that have taken part.

*Paul Lethebee*





# SETTLE AREA SWIMMING POOL

## Trustee Nomination Form 2018

Your Name:

Contact details: (phone, email, address)

Why do you want to be a Trustee of the Pool?

How could you help the work of the Trustees at the Pool?

Your nomination must be supported by 2 other Pool Members.

Member name:

Signature:

Member name:

Signature: