



# **SETTLE AREA SWIMMING POOL**

## **Terms and Conditions**

Please read the following Policies and Procedures before making an Online/ Telephone booking and making payment. We are following Guidance from the Health & Safety Executive and UK Swimming Governing Bodies on how to operate safely.

**The safe operation of the facility is our priority; there will be no challenging of these policies with Management or Members of Staff. Failure to comply will result in YOUR use of the building being suspended.**

## **Entry to the Facility.**

All sessions are available to book on the website through the online booking platform (Clubright) or over the telephone with a member of staff. We will also be accepting “walk in” customers who have not made a booking but only where session limits allow. **Priority will be given to pre-booked places.**

Settle Area Swimming Pool aims to provide users with an enjoyable experience under the safest possible conditions. To help us to ensure the Health and Safety of all the pool users the following swimming pool Admissions Policy should be applied as follows.

## **ADMISSION POLICY**

If anyone has experienced any sickness or diarrhoea, in the last 48 hours, they **MUST NOT** swim for at least 14 days after complete recovery.

Pupils must not swim if they have any open wounds, an infectious skin complaint, cold or flu, or any infectious illness.

Users with Verrucas or sores are required to cover the area prior to swimming.

Customers must not swim or attend any sessions in the fitSpace if they or any member of their household are suffering from COVID 19 symptoms (continuous cough, high temperature, loss of taste and smell). Customers must not swim for at least 14 days after complete recovery of its symptoms and/or a confirmed case of COVID 19.

## **ADMISSION POLICY – CHILDREN AND SUPERVISION RATIOS**

Persons aged 8 years+ may enter the pool unsupervised if a competent swimmer.

All children under the age of 8 years must be always accompanied in the pool & in the fitSpace by a responsible adult (Aged 16 years+). See below policy on child/adult ratios.

Persons aged 4 to 7 years: 2 to 1 ratio with an Adult (Aged 16 years+)

Persons under 4 years: 1 to 1 ratio with an Adult (Aged 16 years+)

The responsible adult (Aged 16 years+) must enter the water with the children and supervise them **at all times** and maintain a close watch of them **at all times**.

Any children who are weak or non-swimmers should wear suitable recognised buoyancy aids, stay in close contact with the supervising adult and remain in the shallow end **at all times**.

Any non swimmers or weak swimmers despite their age will be required to stay in the shallow end of the pool, where they can stand up with confidence and wearing suitable and recognised buoyancy aids.

Swimmers ability and eligibility to enter the deep end is at our Recreational Assistants' discretion.

Suitable and recognised buoyancy aids are as follows: Inflatable or Disc Armbands and Life Jackets (Woggles and Kickboards are teaching aids and should not be used as a recognised buoyancy aid). Armbands are available for use free of charge please just ask a member of staff.

Parents are requested to ensure that their children wear sufficient nappies where appropriate – these are available to purchase from the pool.

### **General Information and Rules**

Outdoor shoes are not permitted in the Changing Village. This will help keep the changing village clean for all users and is good hygiene practice.

Lockers are available for free use. No belongings should be left in the cubicles. Any belongings left will be moved into a Locker for safe keeping.

Pre-swim showers are compulsory so please make use of the showers before entering the pool. This will keep the pool clean and is good hygiene practice. Private Showers are available. Users must use these cubicles for showering only and move to a dry cubicle for changing.

Customers must not enter the pool hall until a member of staff has removed the barriers from the entrance to the pool hall indicating the pool is ready for use.

When entering/exiting the pool please use the ladders provided.

All swimmers wanting to swim in the deep end must be able to complete 1 length (20m) of the pool unaided whilst using a recognised stroke (Front crawl, Breaststroke or Back stroke). Doggy paddle is not a recognise stroke.

All swimmers wearing armbands or using a recognised buoyancy aid, must stay within the shallow end.

Lane swim sessions are for competent swimmers who can comfortably swim continuous lengths during their booked period of time. Please swim following the directional signs. If you need to overtake someone please be patient and wait for them to stop at the end of a length and allow you to pass this will help everyone enjoy their swim. Ensure you choose a space that best matches your swimming speed. Please wait to pass swimmers at the end of a length, please be aware of swimmers and allow them to pass you. If the lane is busy please avoid butterfly. Swimming back stroke in a straight line is difficult, if you are not well practiced then please avoid back stroke to help the smooth running of the lanes and avoid collisions. If you need a breather between a set of lengths be mindful that other swimmers will want to continue swimming without stopping. Please move to the left corner of your lane.

No Photography and Video Recording is allowed in pool and pool area.

No Running around the pool area.

No Diving under 1.5m. Diving is only allowed in the deep end and all dives must be shallow dives.

No Acrobatics (somersaults, bombing, spinning jumps, belly flops).

No Fighting/Pushing on poolside.

No Smoking in or outside the Facility.

No Alcohol is allowed to be consumed in the pool and Facility under any circumstances.

No Glass objects to be brought on the premises.

All sessions must finish promptly, so the pool area & fitspace room can be cleared by members of staff and made ready for the next customers. We have sessions running back to back all day. This will help the smooth running of the pool. Staff will be very grateful not to have to prompt pool users on this. Be courteous to the swimmers awaiting the next session - we cannot start it until you have vacated the area.